Crème Brulee

38ml whole milk
125ml double cream
Vanilla Extract
2 free-range egg yolks
25g caster sugar, plus extra for topping



- 1. Place the milk, double cream, vanilla seeds and pod into a pan. Bring to the boil. In a large bowl whisk the egg yolks and sugar together until thoroughly combined, then stir in the milk.
- 2. Strain the mixture through a sieve and divide among four ovenproof ramekins. Place the ramekins into a roasting tray and fill the tray with water until it comes halfway up the sides of the ramekins.
- 3. Place the tray into the oven and cook for 30-40 minutes, or until the mixture is just firm to the touch. Once cooked, remove from the oven and allow to cool. Place into the fridge to chill.
- 4. To serve, sprinkle each crème brulee with a sugar to cover and caramelise the top with a mini blowtorch. Repeat once.